

SAVE THE BAY VIRTUAL POLAR DIP

Choose your day, Dip Anytime

Registration fee: \$25, all proceeds to Save Georgian Bay

Here's how to get started:

1. **Register** online for \$25 to get started and set up a customizable fundraising page
2. Once registered, share your fundraising page with family and friends via email and social media. You can track donations from your fundraising page, respond to donors and monitor fundraising progress.
3. Dipper video. Upload a video of your dip [HERE](#)
Maximum video size: 67.11 MB

Q&A:

- **Is the Bay cold?**
Yes, usually in late February, the water temperature is hovering around 1-2 degrees Celsius. We may have pack ice along the shoreline.
- **Do I have to have a team or be on a team?** No, solo is fine. Bring a buddy on the day of the dip.
- **How old do you have to be to do the Dip?**
There is no age requirement to participate in our Polar dip. Those under 18 years of age are required to have a parent or guardian present and sign the waiver for the event.
- **Do I need to check-in?**
All participants **MUST** check-in prior to Dipping. You will receive your wristband which allows you to participate.
- **Are there change rooms?** No, most people arrive with their bathing suit on. You'll have to figure out how to get dressed after the dip.
- **Is a shot of liquid courage a good idea?** **NO.** Please refrain from drinking on the day of the dip.
- **How much money goes to the charity?** All of it. The funds raised go directly to Save Georgian Bay, with some covering expenses.
A tax receipt will be issued for any sponsorships.

- **What is the money used for?** Money raised will be used to hold TCE accountable for effects on the environment, water quality and assessing Ontario ratepayer value. *See link for more info.?*

Polar Dip Day Checklist:

1. **Proper Footwear:** Wear full water sandals, water socks, or snug-fitting old running shoes. No Flip Flops!
2. **Two towels:** One to dry off and a towel to stand on while changing.
3. **Warm clothing** for after the dip.
4. **Bring a buddy** to watch you and help you change after the dip.